



EXPERT BIO

INDY THOMPSON

COMPETITIVE FISHER AND MARINE SCIENTIST

COMPETITIVE FISHER INDY THOMPSON LEARNED VERY EARLY ON THAT PHYSICAL STRENGTH IS NO ADVANTAGE WHEN YOU'VE GOT A ROD AND REEL – GOOD TECHNIQUE IS WHAT ULTIMATELY HELPS YOU LAND THE BIGGEST CATCH.

But despite the fact that gender doesn't matter in fishing, Indy is usually one of only a handful of females at tournaments – which is why she's dedicated to getting more women involved in the sport. Nothing makes Indy happier than being out on the water chasing fish that are sometimes the size of a small car, which she's been doing with her family since she was a small child. Her competitive nature saw her take this passion beyond a hobby and into the sporting domain, with huge success. At the age of 16, Indy caught a massive 267.4kg swordfish off the coast of St Helens, Tasmania, netting her the female junior world record title – a record she still holds.

In her day job as a marine scientist, Indy is a strong advocate for sustainable fishing, working hard to make sure Aussies can continue to enjoy the sport for generations to come. Indy– who has a Bachelor of Marine Environment majoring in Fisheries Management and a Bachelor of Marine and Antarctic Science with first class honours – now enters 'tag and release' tournaments rather than 'capture' events, to ease the pressure on fish populations.

Bubbly and confident, Indy lit up TV screens on Nine Network reality show The Summit in 2023, where she was one of 14 contestants competing to scale a mountain. Despite being afraid of heights, her courage and willingness to tackle the gruelling challenge made her an inspiration to audiences.

Indy's ambitious nature combined with her friendly demeanour make her a fantastic role model for youth, particularly young women – little wonder she's often approached for advice on getting started in fishing. She writes a column in fishing magazine The Captain and regularly speaks at global conferences, with her knowledge and passion always making an impact.

Indy is available for media and PR opportunities, corporate hosting and speaking as well as brand partnerships.

